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AMAAAL

OF

عباس بن علی

عليه السلام

ABBAS BIN ALI عليه السلام





بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ





بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ  
إِلَّا بِإِذْنِهِ

In the name of Allah,  
the beneficent, the merciful.

Who is he that can intercede in His presence  
except His permission?" [Baqarah : 255]

By virtue of the status acquired through his  
martyrdom, Maula Abbas (a.s.) is one of the  
finest samples in relation to this Ayat.

He is often referred to as Babul Hawaii (the  
gateway to the fulfillment of desires).

If we beseech Allah through his intercession,  
*Inshallah* all our legitimate desires will be  
fulfilled.

# Acknowledgements

The *aamals* in this booklet have been contributed by Khanum Tayyaba Bukhari, a reknown scholar from Pakistan, who visited Toronto in Safar 1423/ April 2002 to recite Ashra-e-Zainabia Majalis.

She started her career at the tender age of 8, reciting Majalis in Islamabad. Thereafter, she studied in Qum for sixteen years, specialising in *Quran Tafseer* (commentary).

Her proficiency in Arabic, Urdu and Persian enables her to impart a wealth of knowledge in the *Tafseer* of Quranic ayaats.

May the Almighty continue to increase her knowledge and grant her *Taufiq* in spreading His message. Ameen.

In compiling this booklet we sincerely appreciate the time and effort contributed by:

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Sr Jamila Dewji  
Sr Sadiqa Nazerali

FOR ISAL-E-SAWAB

**Haji** HASANALLY P. MOHAMMED EBBAHIM

BEFORE RECITING EVERY  
VERSE OR DU-A

SAY

SALAWAT

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

AND

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

IN THE END SAY SALAWAT AGAIN



# AMAAL OF MAULA ABBAS (a.s.)

1. To seek fulfilment of legitimate desires and to remove difficulties pray a 2 *rak-at* *salat* of *hadiya* Abul Fazal Abbas (a.s.) and recite the following *du-a* 133 times, and also *salawat* 11 times before and after the *du-a*.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
يَا كَاشِفَ الْكَرْبِ عَنْ وَجْهِ الْحُسَيْنِ  
عَلَيْهِ السَّلَامُ اكْشِفْ كَرْبِي بِحَقِّ  
أَخِيكَ الْحُسَيْنِ عَلَيْهِ السَّلَامُ

BISMILLAAHIR

RAH'MAANIR RAH'EEM

YA KASHIFAL KARBI 'AN WAJHIL  
HUSAYN ALAYHIS SALAM IKSHIF  
KARBI BI HAQQI AKHEEKAL  
HUSAYN ALAYHIS SALAM

[In the name of Allah, the beneficent, the merciful. O he Who removes hardships on account of the honour of Husayn (a.s.) drive away my hardships for the sake of Your brother Husayn (a.s.).]

OR

ii) Recite the above *du-a* 133 times daily until your *hajat* is granted:

2. If anyone is dying of thirst, recite this phrase as many times as possible, death will be prevented:

يَا أَبَا الْقُرْبَاءِ

YA ABAL QURBAH

3. To prevent being attacked by an animal, recite the following:

عَبْدَ اللَّهِ أَبَا الْفَضْلِ دَخِيلَكَ

ABDALLAH ABAL-FADHLI  
DAKHEELAK

For any *hajat*, recite *salawat* 100

times with the *niyat* of "*hadiya* to Ummul Banin

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

ALLAHUMMA SALLI 'ALA  
MUHAMMAD WA AALI  
MUHAMMAD

5. Prepare *Sufra* (*Datarkhan*) of Ummul Banin (with any food) and feed people. Then ask for your desires (*hajats*) giving *wasta* of Maula Abbas (a.s.) *Inshallah* your desires will be fulfilled.

6. Pray the following on behalf of Maula Abbas and send *hadiya* to Ummul Banin and ask for your *hajat*:

Recite Surah al Yasin 10 times on Fridays of the Islamic month as follows:

1st	Friday:	3 times
2nd	Friday:	3 times
3rd	Friday:	3 times
4th	Friday	Once

7 Recite *salawat* 1400 times for *hadiya* of the 14 Masumia (a.s ). Then, recite *salawat* 100 times for Maula Abbas (a.s.) and ask for your *hajat*.

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

ALLAHUMMA SALLI 'ALA  
MUHAMMADIN WA AALI  
MUHAMMAD

8. For any difficulty, recite 2 *ra-kat* *salat* between Maghrib and Isha, *hadiya* to Maula Abbas (a.s ). Then, recite the following 5 times:

يَا مَنْ يُجِيبُ الْمُضْطَرَّ إِذَا دَعَاهُ وَ  
يَكْشِفُ السُّوءَ يَا رَبِّ يَا رَبِّ يَا رَبِّ  
يَا عَبَّاسَ ابْنَ عَلِيٍّ أَمِيرَ الْمُؤْمِنِينَ  
ابْنَ أَبِي طَالِبٍ الْأَمَانَ الْأَمَانَ الْأَمَانَ  
أَدْرِكْنِي أَدْرِكْنِي أَدْرِكْنِي

YAMAYN-YUJEEBUL MUDHTARRA  
 IDHA DA'AHU WA YAKSHIFUS-SUU.  
 YA RABBI, YA RABBI, YA RABB.  
 YA ABBAS-IBNA ALI AMEERIL  
 MUMINEEN-IBNA ABI TALIB.  
 AL AMAAN, AL AMAAN, AL  
 AMAAN.

ADRIKNI, ADRIKNI, ADRIKNI  
*(continue for as long as your breath allows)*

Do this *Amal* for 40 nights, then stop.  
 Once your *hajat* is fulfilled, do this  
*amaal* for one more night.

9. For fulfillment of any legitimate desire  
 recite the following until your *hajat* is  
 fulfilled.

Salawaat      133 times

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَّ اٰلِ مُحَمَّدٍ

ALLAHUMMA SALLI'ALA  
 MUHAMMAD WA AALI  
 MUHAMMAD

Recite:

133 times

يَا عَبَّاسَ

YA ABBAS

salawaat

133 times

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

ALLAHUMMA SALLI'ALA  
MUHAMMAD WA AALI  
MUHAMMAD

- 10 This Amal can be performed for any *hajat*, but is especially recommended for creating harmony and love among relatives, in-laws, married couples, etc.

Recite the following EITHER 133 times until *hajat* is fulfilled, OR 100 times every Tuesday night for 7 weeks:

AY MAHE' BANI HASHIM  
KHURSHIDEY' LIQA ABBAS.

AY NOORE' DILE' HAIDER  
SHAMME' SHOHADA ABBAS.

AZ GHAMME' AYAAM ROOH BITHO  
AVERDHEEM

DHASTE MANE MISQEN GHEER  
BAHRE KHUDA ABBAS.

O Abbas, you are the sun and the moon of  
the Bani Hasham

You are the light that shines from the heart  
of Haider

You are the beacon that lights the Shonada.  
I have left all my hardships behind me, and  
have turned my face towards thee

O Abbas, hold the hand of this beggar for  
the sake of Allah.

(NB: We are not 100% sure of the  
translation of this Farsi Poem)

11 For the cure of any d.seases,

a) Recite 7 times following *ayat* # 82 of  
Surah Bani Israel

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
وَنُنَزِّلُ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ  
لِّلْمُؤْمِنِينَ

BISMILLAHIR  
RAHMAANIR RAHEEM  
WA NUNAZZILU MINAL QUR'ANI  
MAA HUWA  
SHIFAAUNW WA RAHMATUL  
LIL-MUMININ

[We sent down the Quran which is a  
healing and a mercy for the believers;

b) or recite 3000 times daily:

الْحَيُّ

AL-HAYYU  
[O the Ever-Living]

12 To calm down an angry person, recite  
the following ayat # 137 of Surah al



Baqarah 100 times, and blow on the person even if he is not there.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
فَسَيَكْفِيكَهُمُ اللَّهُ وَهُوَ السَّمِيعُ الْعَلِيمُ

**BISMILLAHIR RAHMANI RAHIM  
FASAYAKFEEKA-HUMMULLAHU  
WA HUWAS SAMEEUL A'LEEM**

[then Allah will be sufficient for you against them, and He is the all-hearing, the al,-knowing.]

If recited regularly with pure intention this can have a permanent effect

13. For women wanting to have a child keep fast continuously for 7 days. Before *iftar* every day, recite the following 21 times on water, and break the fast with this water;

يَا خَالِقُ يَا بَارِيُ يَا مُصَوِّرُ

YA KHALIQU YA BAARIU YA  
MUSAVVIRU

O the Originator, O the Fashioner,  
O the Creator

14. Amal of Hazrat Abbas (a.s.)

This *amaal* can be performed for any *hajaat*, but is especially recommended to be performed on the 8th day of Muharram.

Pray 2 *rakat salat* with *niyat* of *hajat* by the *wasila* of Maula Abbas (a.s.)

Recite *Tasbeeh* of Sayyida Fatima Zehra (s.a.)

اللَّهُ أَكْبَرُ

ALLAHU AKBAR

34 Times.

اَلْحَمْدُ لِلّٰهِ

ALHAMDULILLAH

33 Times.

سُبْحَانَ اللّٰهِ

SUBHAANALLAH

33 Times

لَا اِلٰهَ اِلَّا اللّٰهُ

LAA ILAHA ILLALLAH

Once.

Recite Once:

Ayatul Kursi

Surah al Ikhlaas

Surah al Naaas

Surah al Falaq

Surah al Kafiroom

Salawat (100 Times)

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَّعَلٰى مُحَمَّدٍ

Then place the Quran on your head and recite the following 125 times.

HAL KIJYE MUSHKIL MERI AB  
DER SITAM HAI.  
ABBAS ALI TUMKO SAKINA KI  
QASAM HAI.

Recite *Salawat* 100 times.

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَّ اٰلِ مُحَمَّدٍ

ALLAHUMMA SALLI 'ALA  
MUHAMMAD WA AALI  
MUHAMMAD

Go into Sajdah for *hajat* and beseech your desires. *Inshallah* your wishes will be granted.

Then recite Ziyarat e Waritha and Ziyarat of Mauna Abbas (a.s ).

Pray 2 *ra-kat Salat* of Ziyarat

## Hazri Munajat

Haazir hai hazri mein hazaro ke hal ataa.  
Faryaad hai ham par bh. karam kijiye aakaa

Bhai Hasan Hussain ke wo jaane Murtaza  
Abbas A. andaar wo sakkaye Sakina.  
Taarif unki kya karu kya mujhse ho sanaa  
Sadka unhi ke naam ka milta hai marnaba

Haazir hai. .

Akaa ko aaj apni musibat sunaawo tum  
Pehle to apni aankhon se aansu bahaao tum  
Roro ke aagh aatishe gham ki bujaawo tum  
Dil mein unhi ki yaadko mehmaan  
banaawo tum.]

Haazir hai.....

Ek roz jo mein majlise Saabhir mein ghayi  
Thi paazri Abbas A. andar ki walaan  
Jitnabhi dil mein ran jiha wo saraa mit  
ghayya.

Aaker kisi ne kaan mein chup kese yeh kaha

Haazir hai

Jo haazri Abbas Alamdaar ki kare,  
Allah uski mushkile aasan sab kare.  
Din raat jo Abbas ke naare se dam bhare,  
Kya gham Uose duniya ka kisi se  
woh kyun dare.

Haazir hai ..

Hai haazri Abbas ki tashrif laaiye.  
Yaane Ali ke laal pe qurban jaaiye.  
Rokar adab ke sath yeh pad kar sunaaiye.  
Sarkaar aapka hame roza dikhaaiye.

Haazir hai....

Mein jaan lot aau wahan jaake abke saal.  
Qadmope sar jukawun wahan jaake  
abke saal.  
mein bazri manawun wahan jaake abke saal.  
Zaakira yeh sunawun wahan jaake  
abke saal.

Haazir hai....

## Munajat of Hazrat Abbas (a.s.)

Naame Abbas wasila hai har dua ke liye,  
Isme aazam hai yeh momin ki iltijaa ke liye.

Manshae Zehra iraada hai yeh Ali  
hukme jali.

Saanie Jaafare Tayyar hai ghairat ka ghani.  
Khud chuna Khaalike. . .

Khud chuna Khaalike Akber ne hai wafa  
ke liye.

Naame Abas wasila hai ..

Khune Asadullah ka jawhar hai yeh Abbase  
jari.

Qalbe abdaar ka gawhar hai yeh Abbase jari.  
Khaas tohfa hai....

Khaas tohfa hai yeh Khaalik ka  
Murtaza ke liye.

Naame Abbas wasila hai ...

Kaha Zainab se yeh Shabbir ne

Jo khash hokar

Mein hun aftaab sabr ka vo wafa ka hai  
qamar

Fakhre Haron hai .

Fakhre Haron hai ayaate Karbala ke liye

Naame Abbas wasila hai

Koi maane ya naa maane hai yeh unaan  
mera.

Naame Abbas to bakhshish ka samaan mera.

Nusqaye qimiya

Nusqaye q.miya hai naam yeh shafa ke  
liye.

Naame Abbas wasila hai

Baab yeh shehre shahadat pe jo bhi aayenga  
Jo bhi maangonga qasam haqqi vo mil  
jaayenga

Chashmae faiz hai

Chashmae faiz hai yeh dar har ek ataa ke  
liye.

Naame Abbas wasila hai

Deed karti hun alam pe to kalam rukhta hai.



Yaad aajaate hai ghazi mujhe yun  
lagta hai.

Ab bhi rota hai...

Ab bhi rota hai yeh Zainab teri rida liye.

Naame Abbas wasila hai... .





Maula Abbas (a.s.) is the answer of Imam Ali's (a.s.) prayer, so that he may support Imam Husayn (a.s.) in Karbala and may be a symbol of security to women and children of the Ahl ul Bayt.

Being a faithful, true supporter to Ahl ul Bayt and standard bearer of Islam in Karbala, he gave his life for the true religion.

He is also known as *Babul Murad* (door on which supplications are recommended) as Almighty Allah had bestowed him with this quality as a reward. Therefore whatever is supplicated by his name is responded with favour - acceptance.

